

FORMER BLUES PLAYERS

WHERE ARE THEY NOW?

By **Marie Davies**

This issue is Part Two with Warrick Brant following some earlier comments in the Ealing Trailfinders matchday programme.

WARRICK BRANT

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In 2000, Warrick's promising rugby career ended when he broke his neck in a scrum training session with the Queensland Reds.

He still lives with the eight screws and six plates that were permanently installed to hold his neck together, but this has not deterred him from becoming a famous Australian athlete.

After the accident, contact sports were no longer an option, and a lack of exercise led to Warrick gaining a significant amount of weight.

It was then that a friend suggested he try bodybuilding. Soon, he was back training in the gym, and his confidence started to return. A year later, he was competing in the Queensland Bodybuilding Championships. As his confidence grew, Warrick realised that what he enjoyed most was the strength side of training. Instead of showcasing his toned body, he wanted to demonstrate his strength. The transition was relatively simple, and he started to compete in Strongman competitions.

Warrick was active in Strongman from 2007-2015.



The following results will show how successful he was.

2007 - Australia's Strongest Man.

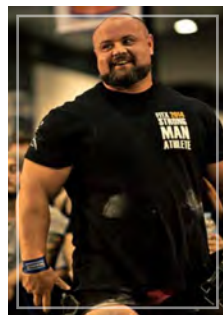
2007 - Placed 10th at the World's Strongest Man.

2008 - Australia's Strongest Man. He also won the Southern Hemisphere's Strongest Man title in Melbourne.

He was the first and only Australian to reach the World's Strongest Man finals.

Warrick deadlifted 420kg at the 2008 Australia's Strongest Man Finals and set a national log press record of 175kg in 2009.

The photographs show how he has pulled and lifted airplanes, trucks and buses.



In Part 1, we were reminded that Warrick returned to the U.K. in 2010 and visited Bedford and, of course, Goldington Road.

When he retired from competition, he still worked hard to keep strong and fit. He ran his own gym for a while, and his famous sister Lauren was a regular member. Lauren began singing, dancing, and acting at a young age and launched her career as an actress with various roles in Australian television. In 2009, she joined the musical group Hi-5, and her final performances with the very popular group were part of an Australian tour in 2014. To prepare for her appearance in the Australian reality show 'I'm a Celebrity...Get Me Out of Here' in January 2015, her brother Warrick advised and helped her to prepare in the gym.

Warrick studied Drama at school, always enjoyed acting and always jumped at the chance to perform. He now had more time to do this and had several roles at Movie World. His most well-known film is 'Among Dead Men'. He also continued stuntwork and worked as a sports clothes designer.

In his leisure time on weekends, he took up competitive riding and racing of jet skis, which proved very successful. With blue sky and Gold Coast buildings providing a background and water spray underneath him, Warrick demonstrated his skill and daring with impressive performances to entertain the many spectators.

And now an update...

Warrick is still a stalwart at the gym. He has lost a considerable amount of weight and is very fit. He enjoys Muay Thai, which is Thai boxing - a close combat martial art. He works as a Protective Service Officer at a hospital.

He has retired from competitive jet ski racing, but still does it for pleasure, entertaining the many onlookers who gather on early morning weekends to watch. He is also a Scuba Diving instructor.



Much of his spare time is spent with his ten-year-old daughter, Indiana (pictured below), and the close-knit Brant family, which includes his parents, his two brothers, his sister and several nephews and nieces.

The cruel injury that ended his promising rugby career had an undeniable impact on his future life, but Warrick should be admired for the way he responded and, of course, congratulated on the many successes he has achieved, especially as Australia's famous Strongman.

